



Milwaukee County Senior Meal Program

Senior Dining Sites Menu

CONGREGATE

APRIL

2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1/13	4/2/13	4/3/13	4/4/13	4/5/13
BREWER'S OPENING DAY 1/4# Ball Park Turkey Frank American Potato Salad Calico Baked Beans Whole Wheat Hot Dog Bun Catsup & Mustard Peanut Butter Cookie D. Fresh Orange	A. Salisbury Steak smothered in onions B. Beef Liver smothered in onions Cheesy Diced Potato Casserole Crinkle Cut Carrots Seven Grain Bread Sliced Peaches	Grilled Chicken Strips Spinach Fettuccini with Alfredo Sauce Broccoli Cauliflower Blend Vegt Romaine Salad with Raspberry Dressing Sesame Seeded Italian Bread Grated Parmesan Cheese Pineapple Tidbits	Navy Bean Soup with crackers Sliced Pork in cranberry glaze Yukon Mashed Potatoes Creamy Coleslaw Rye Bread Warm Cinnamon Apple Slices	BBQ Riblet Sandwich Mini Bakers with sour cream Creamed Cucumber Salad Hoagie Bun Chocolate Brownie D. Fresh Fruit Catsup
4/8/13	4/9/13	4/10/13	4/11/13	4/12/13
GRILLED Polish Sausage Double Baked Potato Casserole Wisconsin Blend Vegetables Brat Bun Catsup & Mustard Cupcake D. Mixed Fruit Cup	Swiss Steak with Tomatoes Baked Potato Whole Green Beans Crusty Dinner Roll Melon Sour Cream	Pineapple Juice Beef Pepper Steak Rice Whole Baby Carrots Sourdough Bread Tapioca Pudding D. Lo Cal Pudding	Glazed Ham Mashed Sweet Potatoes Brussels Sprouts Mixed Greens with Ranch Dressing Rye Roll Oatmeal Raisin Cookie D. Fresh Apple	Minestrone Soup with crackers Chicken Parmesan Bowtie Pasta w/garlic butter Italian Blended Vegt Garlic Bread Stick Chocolate Cream Pie D. Fresh Pear
04/15/13	04/16/13	04/17/13	04/18/13	04/19/13
Orange Juice Turkey Meatballs Swedish Style Parslied Buttered Noodles Harvard Beets Marble Rye Bread Fieldstone Strawberry Fruit & Grain Bar	A. Teriyaki Chicken Thigh/Leg B. Teriyaki Chicken Breast/Wing Baked Fresh Sweet Potato Riviera Blend Vegetables Baking Powder Biscuit Mandarin Oranges	NUTRITION COUNCIL MTG Beef Vegt Soup w/crackers Cheeseburger German Potato Salad Diced Carrots with Peas Whole Wh Hamburger Bun Catsup & Mustard Golden Delicious Apple	Stuffed Pepper w/tomato sauce Mashed Potatoes Wax Beans Spring Salad with Italian Dressing Vienna Dinner Roll Sliced Pears	Pineapple Juice Pork Chop Suey Chinese Fried Brown Rice Asian Style Vegetables Wheat Dinner Roll Chinese Almond Cookie D. Seedless Grapes
04/22/13	04/23/13	04/24/13	04/25/13	04/26/13
Earth Day Grape Juice Hungarian Goulash Parslied Buttered Wide Noodles Broccoli w/cheese sauce Whole Grain Bread Dirt Cake D. Mandarin Oranges	Turkey Marsala Quartered Red Potatoes Spring Vegetable Blend: broccoli, cauliflower, carrots, zucchini, yellow squash Mini Caesar Salad Vienna Bread Marble Cake w/chocolate icing D. Fresh Fruit	Apple Juice A. BBQ Chicken Leg/Thigh B. BBQ Chicken Breast/Wing Macaroni & Cheese Seasoned Green Beans Corn Muffin Frozen Strawberry Yogurt	Chicken Tortilla Soup Taco Meat Stuffed Baked Potato Mexican Corn Shredded Lettuce w/diced tomato, cilantro & dressing Toppings: Shredded cheese & sour cream Tortilla Chips Melon	Boneless Pork with light gravy Stuffing Glazed Sweet Potatoes Broccoli Slaw Whole Grain Dinner Roll Sliced Peaches
4/29/13	4/30/13			
Meatloaf with onion gravy Garlic Mashed Potatoes Traditional Mixed Vegetables Cheese Garlic Biscuit Tropical Fruit Cup	Cream of Broccoli Soup Chicken Salad Sandwich on Kaiser Roll Leaf Lettuce with tomato slice Peach Cottage Cheese Salad Sun Chips Chocolate Chip Cookie D. Pineapple Tidbits		REQUESTED DONATION \$2.50	